

**CRISTINA A. MATHEW**  
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**Profile**

ANCC board certified family nurse practitioner with comprehensive involvement in various clinical settings with over eight years of diverse nursing experience. Recognized for superior quality of care in retail health care setting through positive inspection outcomes and patient satisfaction scores. Experienced in standardizing and reorganizing methods to enhance interdisciplinary approach to surgical care. Passionate about quality improvement and family centered care through involvement in various communities and projects. Fluent in Spanish.

**PROFESSIONAL EXPERIENCE**

**CVS Minute Clinic, New York, NY**

August 2017 – Present

***Family Nurse Practitioner***

- Serve as the sole provider at a high volume, fast paced clinic within the retail health model.
- Evaluate and conduct health assessments of patients with various health problems ranging from minor illness and injuries to chronic care illness monitoring and treatment, DOT physicals, pre-employment exams, vaccine administrations, and Travel Health Exams.
- Initiate therapeutic and diagnostic procedures, consultation and laboratory examinations. Also prescribe and interpret findings and plans of care according to protocols and guidelines.
- Provide patient/family education and counseling in the areas of health promotion, maintenance, and disease prevention including smoking cessation, weight loss, screenings, and vaccinations. Awarded for advocating and successfully administering flu vaccines for non-vaccine related medical visits.
- Appointed as lead provider/manager on call during weekend hours, including serving as the main point of contact for all clinic and administrative calls in the region.
- Mentor and orient newly hired nurse practitioners to successfully transition as sole provider.
- Recognized nationally in May 2018 for dedication and aid in Joint commission survey, which led to successful credentialing without any discrepancies on our site visit survey.

**Doctors Plastic Surgeon, Long Island City, NY**

June 2016 – June 2018

***Family Nurse Practitioner- Clinical supervisor***

- Oversaw all business and clinical day-to-day operations, including supervising all operating room/recovery room personnel and standardizing the evaluation of the cost effectiveness of services and supplies provided.
- Established and enforced policies for safe patient care and ensured compliance with all local, state, and federal regulations.
- Authored new policies and procedures to improve pre-surgical clearances and evaluations using interdisciplinary approach to modify outdated DVT risk assessment/screening tool.
- Directed medical office in two successful AAAASF credentialing inspections as lead contact for all AAAASF credentialing, surveys, and inspections.
- Led team meetings to enhance an interdisciplinary approach to surgical care and coordinated training and sharing of best practices.
- Prepared patients for surgery as pre-operational nurse, work intra-operatively as a circulating nurse, and provided post-operational care and discharge education.
- Conserved office cost by negotiating and securing new suppliers and vendors.

**Lexington Plastic Surgeon, New York, NY**

Jan 2016 – June 2016

***Family Nurse Practitioner***

- Performed history and physicals for cosmetic surgery candidates.
- Oversaw medical records, labs, EKGs, and chest x-rays to provide surgical clearance. Wrote

prescriptions as necessary per procedure.

- Prepared patients for surgery as pre-operational nurse, work intra-operatively as a circulating nurse, and provide post-operational care and discharge education.
- Counseled patients during post-operative follow-up visits on proper post surgical care.
- Performed cosmetic injections including neurotoxins and fillers. Also conducted Laser hair removal, cool-sculpting, v-beam laser treatments and other non invasive procedures.

**Ideal Image, Boca Raton, FL**

May 2015 – Jan 2016

***Family Nurse Practitioner***

- Oversaw medical records and performed skin assessments to provide medical clearance for Laser hair removal, tattoo removal, and cool-sculpting procedure.
- Performed Laser hair removal, tattoo removal, and cool-sculpting. Also identified abnormal skin reactions including non-acute burns and injuries.

**Fox Kendall Medical Plaza Family Practice, Kendall, FL**

Aug 2014 – May 2015

***Family Nurse Practitioner***

- Performed physical exams and record the health history of adult and pediatric patients in high volume clinic. Also performed minor surgical procedures, including I & Ds, suturing, and cryotherapy.
- Initiated, monitored, and managed ongoing healthcare treatments and follow ups.
- Identified critical patients and refer to ER or appropriate specialty.
- Wrote prescriptions and orders for medical tests, including in house x-rays, ultrasounds, and labs; interpreted preliminary readings and identified appropriate treatments.
- Created and managed rotation schedule for team of nurse practitioners and physician assistants.

**Baptist Health South Florida, Kendall, FL**

Aug 2011 – May 2015

***Neonatal Intensive Care Unit Registered Nurse***

- Implemented patient care in level II and level III NICU, including medical assessments, initiating IVs, and lab draws.
- Collaborated with various departments to ensure proper treatments were carried out.
- Maintained patient charts and files in accordance with internal patient confidentiality policies and professional standards.
- Chaired interdisciplinary family centered care project to provide hospital wide educational/ introductory video of the NICU, resulted in nomination for March of Dimes nurse of the year for contribution.

**LICENSURES**

- ANCC board certified ARNP: Family
- Florida New York, and New Jersey Advanced Registered Nurse Practitioner
- BLS certified

**EDUCATION**

**University of Miami, Coral Gables, FL**

***Master of Science in Nursing, Family Nurse Practitioner*** Aug 2014

**Nova Southeastern University, Davie, FL**

***Bachelor of Science in Nursing*** May 2011

**University of Florida, Gainesville, FL**

***Associate of Arts in Liberal Arts*** May 2008

**HONORS & AWARDS**

- 2014 & 2013 March of Dimes Nurse of the Year Finalist
- 2013 University of Miami Peacock Foundation Scholar
- NSU President's List
- Baptist Health South Florida Scholars Program